

Which Order Of Exfoliation Do You Choose?

Enzyme/Peel 1st Mechanical Exfoliation 2 nd	Mechanical Exfoliation 1st Enzyme/Peel 2 nd	Enzyme 1st Mechanical Exfoliation 2nd Peel 3 rd
<ol style="list-style-type: none"> 1. Enzyme and/or peel softens stratum corneum first 2. Mechanical exfoliates more surface skin. <p>End Result: More polished skin, softer skin. More effective at removing the surface of the skin.</p> <p>Types of Skin Conditions: Closed comedones (remove surface so trapped oil can escape). Rough, dry skin.</p>	<ol style="list-style-type: none"> 1. Mechanical exfoliates surface of the skin 2. Enzyme/peel penetrates further into the skin. <p>End Result: Better penetration of the peel, deeper into the skin to the melanocyte, more flaking.</p> <p>Types of Skin Conditions: Pigmentation where you need to deliver skin lighteners, texture issues where you want the end result to be lots of peeling.</p>	<ol style="list-style-type: none"> 1. Enzyme softens stratum corneum 2. Mechanical buffs or polishes skin for further penetration of peel 3. Peel penetrates further into the skin. <p>End Result: Ultimate penetration of the peel, deeper into the skin for acne and pigment.</p> <p>Types of Skin Conditions: Resilient skin; acne and pigmentation, texture issues where you want the end result to be lots of peeling.</p>